

September 2017 @ The Lotus Room

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
35	28	29	30	31	1	2	3
	STUDIO CLOSED BANK HOLIDAY YOGA RETREAT	STUDIO CLOSED YOGA RETREAT	STUDIO CLOSED YOGA RETREAT	STUDIO CLOSED YOGA RETREAT	STUDIO CLOSED YOGA RETREAT	STUDIO CLOSED	STUDIO CLOSED
36	4	5	6	7	8	9	10
	STUDIO CLOSED	STUDIO CLOSED	STUDIO CLOSED	STUDIO CLOSED TAI CHI TASTER	STUDIO CLOSED	STUDIO CLOSED	10:00 MINDFUL HYPNOBIRTHING
37	11	12	13	14	15	16	17
	WEEK 1 STUDIO CLOSED	11:00 YOGA 18:30 YOGA 19:45 YOGA	10:00 TAI CHI 18:30 ENERGY FLOW	18:30 YOGA 19:45 YOGA	10:30 YOGA	STUDIO CLOSED	STUDIO CLOSED
38	18	19	20	21	22	23	24
	WEEK 2 STUDIO CLOSED	11:00 YOGA 18:30 YOGA 19:45 YOGA	10:00 TAI CHI 18:30 ENERGY FLOW	18:30 YOGA 19:45 YOGA	10:30 YOGA	10:00 AUTUMN RESTORATIVE	STUDIO CLOSED
39	25	26	27	28	29	30	1
	WEEK 3 STUDIO CLOSED	11:00 YOGA 18:30 YOGA 19:45 YOGA	10:00 TAI CHI 18:30 ENERGY FLOW	18:30 YOGA 19:45 YOGA	10:30 YOGA	STUDIO CLOSED	STUDIO CLOSED