

# October 2017 @ The Lotus Room

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
39	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b>
	WEEK 3	11:00 YOGA 18:30 YOGA 19:45 YOGA	10:00 TAI CHI 18:30 ENERGY FLOW	18:30 YOGA 19:45 YOGA	10:30 YOGA	STUDIO CLOSED	STUDIO CLOSED
40	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
	WEEK 4	11:00 YOGA 18:30 YOGA 19:45 YOGA	10:00 TAI CHI 18:30 ENERGY FLOW	18:30 YOGA 19:45 YOGA	10:30 YOGA	10:00 YOGA & CREATIVITY DREAMBOARDS	STUDIO CLOSED
41	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
	WEEK 5	11:00 YOGA 18:30 YOGA 19:45 YOGA	10:00 TAI CHI 18:30 ENERGY FLOW	18:30 YOGA 19:45 YOGA	10:30 YOGA	10:00 FLOW & RESTORE	10:00 MINDFUL HYPNOBIRTHING
42	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
	HALF TERM YOGA RETREAT	STUDIO CLOSED YOGA RETREAT	STUDIO CLOSED YOGA RETREAT	STUDIO CLOSED YOGA RETREAT	STUDIO CLOSED YOGA RETREAT	STUDIO CLOSED	STUDIO CLOSED
43	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
	WEEK 6	11:00 YOGA 18:30 YOGA 19:45 YOGA	10:00 TAI CHI 18:30 ENERGY FLOW	18:30 YOGA 19:45 YOGA	10:30 YOGA	STUDIO CLOSED	STUDIO CLOSED
44	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
	WEEK 7	11:00 YOGA 18:30 YOGA 19:45 YOGA	10:00 TAI CHI 18:30 ENERGY FLOW	18:30 YOGA 19:45 YOGA	10:30 YOGA	STUDIO CLOSED	STUDIO CLOSED