

# March 2019

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6	25	26	27	28	1	2	3
	YOGA 10.30	YOGA 11.00 YOGA 18.30 YOGA 7.45	ENERGY FLOW 18.30	YOGA 18.30 YOGA 19.45	Studio closed		
7	4	5	6	7	8	9	10
	YOGA 10.30	YOGA 11.00 YOGA 18.30 YOGA 7.45	ENERGY FLOW 18.30	YOGA 18.30 YOGA 19.45	Studio closed		
11	11	12	13	14	15	16	17
12	18	19	20	21	22	23	24
						Chakra DAY RETREAT 10.00 – 16.00	
13	25	26	27	28	29	30	31