

March 2018

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9	26 INDIA RETREAT PILATES 2	27 INDIA RETREAT	28 INDIA RETREAT TAI CHI 10:00	1 INDIA RETREAT	2 INDIA RETREAT	3 INDIA RETREAT	4 INDIA RETREAT
	5 INDIA RETREAT PILATES 3	6 INDIA RETREAT	7 INDIA RETREAT TAI CHI 10:00	8 INDIA RETREAT	9 INDIA RETREAT	10	11
11	12 WEEK 1 YOGA 10:30 PILATES 4	13 YOGA 11:00 YOGA 18:30 YOGA 19:45	14 TAI CHI 10:00 YOGA 18:30	15 YOGA 18:30 YOGA 19:45	16	17	18
	19 WEEK 3 YOGA 10:30 PILATES 5	20 YOGA 11:00 YOGA 18:30 YOGA 19:45	21 TAI CHI 10:00 YOGA 18:30	22 YOGA 18:30 YOGA 19:45	23	24	25
13	26 WEEK 4 YOGA PILATES 6	27 YOGA 11:00 YOGA 18:30 YOGA 19:45	28 TAI CHI 10:00 YOGA 18:30	29 YOGA 18:30 YOGA 19:45	30 Good Friday	31 YOGA & CREATIVITY DAY RETREAT 10:00	1