

# February 2019

Wk	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
0	28	29	30	31	1	2	3
	YOGA 10.30	YOGA 11.00 YOGA 18.30 YOGA 7.45	Studio closed India Retreat	Studio closed India Retreat	Studio closed India Retreat		
0	4	5	6	7	8	9	10
	Studio closed India Retreat	Studio closed India Retreat	Studio closed India Retreat	Studio closed India Retreat	Studio closed India Retreat		
4b	11	12	13	14	15	16	17
	Studio closed India Retreat	Studio closed India Retreat	ENERGY FLOW 18.30	YOGA 18.30 YOGA 19.45	Studio closed		
5	18	19	20	21	22	23	24
	YOGA 10.30	YOGA 11.00 YOGA 18.30 YOGA 7.45	ENERGY FLOW 18.30	YOGA 18.30 YOGA 19.45	Studio closed		
6	25	26	27	28	1	2	3
	YOGA 10.30	YOGA 11.00 YOGA 18.30 YOGA 7.45	ENERGY FLOW 18.30	YOGA 18.30 YOGA 19.45	Studio closed		